

Interest Groups for 2019/2

Please phone the presenter to attend any of the interest groups. Otherwise, put your name on the lists available at the quarterly meetings. Any further details regarding dates, days and times can be obtained from the Presenter. Most lists will be available in the hall at the quarterly meetings of U3A.

When you sign up for a course, PLEASE write your details CLEARLY for the course presenter or co-ordinator. **AND** write the dates down in your diary immediately! Note that some of the courses will only be available later in the year.

Interest Groups	Co-ordinator's Details
MONDAYS	
<p>The Travel Club</p> <p>The Travel Club is complementary to the Armchair Travel group; it is a group of people who are enthusiastic about travel and, in particular, those who would love to travel but hesitate to do so on their own. Meetings are a mix of arranging trips and travel-related entertainment.</p> <p>We meet in the afternoon of the first Monday in the month. Time: 13:30 for 14:00 start. Cost: R10 per session.</p>	<p>Hilarie Riphagen 012 345-3196 072 625-7482</p> <p>hilarie0001@gmail.com</p> <p>210A Sunrise View, 500 View St, Rietvalleirand X4</p>
<p>Mahjong Club</p> <p>Mahjong is a game of skill, strategy and calculation plus a degree of chance. All are welcome to attend, even if they are just interested to see how it works.</p> <p>Meetings are held every Monday morning from 09:00 to 12:30. Cost R10 per session.</p>	<p>Anneke Coolen 082 823 1165</p> <p>coolen.anneke@gmail.com</p> <p>2 Heidepark; 23 Stella St; Brooklyn</p>
<p>Origami Interest Group (NEW)</p> <p>Origami, the art of paper folding, can cover a wide spectrum from purely decorative pieces to very practical objects. Anyone with an interest in paper folding can join the group, but it is recommended that they attend the Introductory Origami session first (see Course List). The group will meet on the 4th Monday morning of the month. This may change in the future.</p> <p>Venue: For the time being, the group will be at Helga's home; in future the meeting might move to another venue with venue costs. Currently costs will be R30 per session for tea/coffee & biscuits and printed instructions.</p>	<p>Helga Nordhoff 012 804-9000 072 239-2048</p> <p>helga@qwerty.co.za</p> <p>100 Wildevy Ave, Lynnwood Manor</p>
TUESDAYS	
<p>Film Study Group</p> <p>This group meets at Brooklyn Nouveau on the second Tuesday of each month for the midday screening of a selected film, unless there is not a suitable film showing. Reviews will be emailed to members in advance, and a discussion of the film will follow immediately afterwards.</p>	<p>Gill Udal 082 578-4192</p> <p>gillmudal@gmail.com</p>
<p>Walking Group</p> <p>This group meets once a week, on either a Tuesday or Wednesday morning. The walks are not too "rugged". The group has time to enjoy coffee or a meal afterwards.</p>	<p>Gail Victor 082 669-3884</p> <p>mommyvictor@hotmail.com</p> <p>Cheryl Cloete 012 361-2180</p>

<p>Photography Interest Group (PIG)</p> <p>The group is open to any member with an interest in taking photographs, skills being at any level and with any kind of camera, from DSLR to cell phone camera, digital or film. This will not be a camera club, so there will be no competitions, but a general sharing of knowledge and expertise. The group meets on the second Tuesday of the month and unless otherwise communicated meetings take place at the Newlands Park Retirement Village (230 Gloxinia Ave, Newlands).</p> <p>Activities envisaged include: Excursions to destinations such as the Botanical Gardens, the Buddhist Temple etc; Workshops/Talks depending on interests such as smart phone, portraits and group photography, camera hardware etc and Review – constructive criticism of work if wanted.</p> <p>Time: 09:00 for 9:30 start; 12:00 end. Costs depend on the activity of the month, but for meetings at the Newlands Park Retirement Village the costs are R20.</p>	<p>Ulrich Nordhoff 012 804-9000 082 651-8690</p> <p>u3a-pig@qwertz.co.za</p> <p>Meetings Newlands Park Retirement Village, 230 Gloxinia Ave, Newlands</p>
WEDNESDAYS	
<p>Art Interest Group</p> <p>Members offer to read up on a particular artist and then give a talk on their research. Participation and discussion are key. There are no “fundis” in the group. Discussions are informal and fun. We meet on the first Wednesday of the month.</p> <p>Time: 09:30 for 10:00 until about 11:00 with tea afterwards. Cost R10 per session.</p>	<p>Barbara Gilmour 012 460-8735 083 407-8474</p> <p>hubar@mweb.co.za 316 Hay St, Brooklyn</p>
<p>Music Interest Group</p> <p>This group focuses on classical music but could include other genres such as jazz. Professional speakers or performers or members of the group do a presentation at each meeting. Members are kept up to date about concerts and musical events taking place in Pretoria, and attend them <i>ad libitum</i>. We meet on the second Wednesday of the month.</p> <p>Time: 09:30 for 10:00 start. Cost R10 a session plus a donation towards the car guard. Occasionally there will be an extra cost.</p>	<p>Mia Rich 012 362-1105 082 443-0760</p> <p>wamrich@mweb.co.za 16 4th St, Menlo Park</p>
<p>Economic Matters Group</p> <p>This group meets on the fourth Wednesday morning of the month. Speakers on various topics around economic matters address us and discussions are encouraged. Financial and investment advice or planning for retirement are not prime features. We focus on aspects of economy as a whole.</p> <p>Time: 09:30 for 10:00 start. Cost R10 per session plus a donation towards the car guard.</p>	<p>Mia Rich 012 362-1105 082 443-0760</p> <p>wamrich@mweb.co.za 16 4th St, Menlo Park</p>
<p>Circle Dancing</p> <p>Circle dancing is fun and easy. No prior dancing experience is needed; participants only need to have the same level of fitness as would be required to walk around the block at a normal pace, and a partner is not required. Each dance is taught at the time so it is not a memory test – although it does sharpen the mind! Circle dancing is for participation and enjoyment; regular participants notice that it relieves stress and is great fun. Participants/dancers meet twice a month on the first and third Wednesday mornings at the St Albans Scout Hall, Melk Street, Nieuw Muckleneuk.</p> <p>Dates: 3 & 17 July, 7 & 21 August, 18 September, 2 & 16 October, 6 & 20 November.</p> <p>Time: 10:00 for 10:15 start, short break during the session, about 12:00 end.</p> <p>Cost R60 per month to cover cost of the venue and tea. Please pay before or at the first session of the month.</p>	<p>Yvonne Shapiro 012 329-0791 083 268-2763</p> <p>yshapiro@telkomsa.net 340 Malherbe St, Capital Park</p>

THURSDAYS	
<p>History Interest Group</p> <p>This group meets once a month in the morning on the first Thursday of each month, and one member of the group presents a topic. At present, the group has reached its maximum capacity, but interested members can put their names on a waiting list.</p> <p>Time: 09:30 for 10:00. Cost R10 per session.</p>	<p>Felicia Fourie 012 991-3101 083 376-2001</p> <p>feliciafourie@lantic.net</p> <p>DSW, Oates Ave, Groenkloof</p>
<p>Armchair Travel Group</p> <p>Members give presentations to the group describing their own interesting travels, usually accompanied by photos of their trips, on the second Thursday morning of the month. Anyone with a trip to share is welcome to join the group. Time: 09:00 for 09:30 sharp. Cost is R10.</p>	<p>Paula Herrmann 012 424-9147</p> <p>paulaherrmann@gmail.com</p> <p>DSW, Oates Ave, Groenkloof</p>
<p>Sharing poetry (NEW)</p> <p>We are starting a regular poetry interest group where we will take it in turns to share our enjoyment of poetry. The meetings will be informal and take the form of readings and discussion of selected poems by co-ordinators and members of the group.</p> <p>Meetings will take place on of the third Thursday morning of the month and the venue is Felicity's home.</p> <p>Dates: 15 August, 19 September, 17 October, 21 November. Time: 10:100 for 10:30 start to 12:00 end. Cost R10 per session</p>	<p>Felicity Horne 012 333 4300 083 438-3060</p> <p>hornet@telkomsa.net 1206 Woodlands Drive, Queenswood</p> <p>John Kap 072 299-7976 johnkapo8@mweb.co.za</p> <p>Jenny Janisch 082 923-7982 davenjen@mweb.co.za</p>
New Interest Groups	
<p>French Conversation</p> <p>This group is aimed at people who already have some French and want to keep it up and/or improve their conversational skills. Only French will be spoken i.e. no translation.</p> <p>The group will decide together how to move forward: it could be a concentrated course or a weekly or monthly meeting.</p> <p>Dates and times will thus be determined by the group.</p>	<p>Anne Lawrence 082 568-7610</p> <p>anne@sakabula.com</p> <p>54 Justice Mahomed Street, Bailey's Muckleneuk</p>
Origami – See under Monday	
Sharing poetry - See under Thursday	