



U3A Pretoria: Courses for the second half of 2026

Please phone or email the presenter to attend any of the courses or join any of the interest groups. Otherwise, put your name on the lists available in the Skuilkrans Hall at the AGM or any of the quarterly meetings. Any further details regarding dates, days and times can be obtained from the presenter.

NOTE: When you sign up for a course, PLEASE write your details CLEARLY for the course presenter or co-ordinator. AND write the dates down in your diary immediately!

Please remember that once you have registered to attend any course you are obliged to attend all sessions, unless it is absolutely impossible to do so. In that case, make your apologies to the course leader as soon as possible.

You are also requested to switch your cell phone to silent during all U3A presentations.

Course fees are R30 per session, payable to the course leader, plus the cost of any materials provided. In some cases, there may also be a venue fee. **Please pay all course fees at the first session.**

U3A Course Overview 2026/2

Monday	Tuesday	Wednesday	Thursday	Friday	Days/dates unsure
British Inhabitants in the Cape and Natal from 1820 until 1870		The 7 Wonders of the Ancient and Modern World	Introduction to Wine	Unravelling the Coffee Bean	
Forensic Anthropology in South Africa				A Man of Integrity: John Proctor In "The Crucible" by Arthur Miller	
Caring for Orchids					
Any U3A member wishing to present a course is invited to do so. Please contact the course coordinator, John Kap, for details and the necessary information					John Kap 072 299 7976 johnkapo8@mweb.co.za

Name of Course or Topic	Presenter Contact Details
MONDAY	
British Inhabitants in the Cape and Natal from 1820 until 1870 Talk 1: Recreating Home Talk 2: Rural Development and Urban Growth Talk 3: Education and Sport Talk 4: 'A Goodly Heritage to Pass on to Their Children's Children' Dates: To be communicated, but they will be on Monday mornings Time: 09:45 for 10:00 to 12:00 Cost: R30 per session	John Lambert 012 460 5089 lambertb@mweb.co.za 191 Milner St, Waterkloof
Forensic Anthropology in South Africa Forensic anthropologists mostly deal with skeletonized and decomposed remains found in forensic contexts. In this short course, an introduction will be given to the science and practice of forensic anthropology, with specific focus on the unique South African situation with its many unidentified bodies and high crime rates. Case studies will be used to illustrate various aspects of identification and trauma assessment. Note: This course is not for the faint-hearted and the images may be upsetting to some people. No photos may be taken during the talk. Date: Monday, 7 September Time: 9:15 for 9:30 to 11:30 (Refreshments after the talk) Cost: R30 per person	Maryna Steyn 082 886 1719 maryna.steyn@wits.ac.za Venue: Chapel at NG Kerk, Skuilkrans
Caring for Orchids Craig Honiball is offering a 1-hour talk on how to care for orchids. He will offer practical tips and a demonstration. Date: Monday, 31 August Time: 11:30 for 11:00 to 12:00 Cost: R30 per session	Craig Honiball 076 566 5492 diosporea@proton.me Venue: Alkantrant Library, Community Room

THURSDAY	
Introduction to Wine This course comprises 3 sessions and looks at how to assess wine, mature wine, wine styles and pairing wine with food. It includes a bit of the history of wine and touches on production. Dates: Thursday 3, 10 & 17 September Time: 09:30 for 10:00 till 12.30 Cost: R50 per session for the first 2 sessions; R 70 for the 3rd session, which includes food samples.	Glyneth de Jager 083 263 4384 dejager.glyn@gmail.com 24 Wedgewood Villas, 278 Jean Avenue, Die Hoewes, Centurion
FRIDAY	
Unravelling the Coffee Bean This is a course about exploring the world's coffee regions and countries of origin: Discovering the different coffee varietal types, terroir and harvesting processes. Uncovering how the bean gets into the cup. Roasting, grinding and brewing... and drinking. A maximum of 6 persons can be accommodated. Dates: 3 consecutive Fridays, dates still to be determined Time: 10:00 to 12:00. Cost: R30 per session.	Martin Bester 082 347 7531 mbbesmar@gmail.com Venue: No 3 Casarene, 546 Serene Street, Garsfontein, Pretoria.
A Man of Integrity: John Proctor In “The Crucible” by Arthur Miller What does a man do when he is falsely accused? How does he fight for his life against the odds? What can sustain him when under threat? [A knowledge of the play will be helpful but is not necessary to appreciate the moral dilemma that it presents.] Dates & Times: will be provided	John Kap 072 299 7976 johnkapo8@mweb.co.za Venue: to be decided